



Dyddiad / Date: 01/12/2023

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Cofio'r partion a'r cyngherddau Nadolig buoch chi'n rhan ohonyn nhw yn yr ysgol?

Cofio'r cyffro'r a'r sbri o rannu profiadau gyda ffrindiau?

Dyma'r cyfleoedd sy'n wynebu'ch plant chi yn yr ysgol dros yr wythnosau nesaf.

Rydyn ni'n sylweddoli bod y Nadolig yn amser prysur iawn i deuluoedd a'i fod yn gallu rhoi tipyn o bwysau ar ysgwyddau pawb.

Ar adegau fel rhain mae presenoldeb disgybl yn yr ysgol yn gallu dioddef. Os oes problemau gyda chi sy'n achosi i'ch plentyn fod yn absennol, does dim rhaid i chi eu hwynebu nhw ar eich pen eich hun. Mae Cyngor Sir Caerfyrddin, drwy'ch ysgol leol, yn gallu'ch cefnogi mewn sawl ffordd ymarferol.

Ein nod bob amser yw gweld disgyblion Sir Gâr yn elwa'n gymdeithasol ac yn academaidd o fod yn rhan o fywyd ysgol. Dim ond gyda chefnogaeth rhiant/gwarcheidwad y gallwn ni wneud hyn.

Cydweithio i sicrhau bod disgybl yn mynd i'r ysgol yw'r cam cyntaf wrth helpu'ch plentyn i fagu sgiliau bywyd sy'n para oes.

Diolch.

Do you remember the Christmas parties and concerts you had when you were a school pupil?

Remember the excitement of the build-up and the fun of sharing experiences with friends?

That time is coming up for your own children at school during the next few weeks.

We do realise that Christmas is also a very busy time for families that can bring many pressures.

At times like these attendance at school can sometimes suffer. If you have difficulties which cause your child to be absent from school, you don't have to face them on your own. Carmarthenshire County Council, through your local school can support you in many practical ways.

Our goal always, is to see Carmarthenshire's pupils benefit socially and academically from being part of school life. We can only do this with a parent/guardian's support. Working together to make sure a pupil attends school is the first step to help your child develop life skills that last forever.

Thank you.

## Aneirin Thomas

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